

Black Belt – 1st Dan

Ki Tests

There are no ki tests for this grade

Classical Aikido

- Ten techniques chosen by candidate
- Use any of the six basic escape routes
- Use a variety of attacks from the attack list
- Shape 3

Applied Aikido

- Ten techniques chosen by candidate
- Only one escape for each technique
- Use a variety of attacks from the attack list

Tanto

- Ten techniques chosen by candidate
- Candidate has free choice of escapes and techniques
- Techniques must be built around a variety of different attacks

Suwari waza (Kneeling)

- Ten techniques chosen by candidate
- Candidate has free choice of escapes and techniques
- Attacks to be chosen from the attacks list
- Tori and uke both kneeling

Jo

- Ten techniques chosen by candidate
- Candidate has free choice of escapes and techniques
- Techniques may have one or two escapes

Tai-gei

- Knife tai-gei no. 2 and 5
- Bokken tai-gei nos. 1 through 6
 - Examiners choice of two
- Tai-gei Development
 - Candidate will develop an original tai-gei in advance
 - Tai-gei must contain six techniques (two attackers thrown three times each)
 - No techniques used more than once
 - For examination to be performed once slowly and once at speed

Multiple Attack

- Four ukes will attack simultaneously using any attack for 30 secs.

