

Blue Belt 2nd Kyu

Aikido - Shape 4 fast moving attacks.

Irimi 1 & 2 tenkan 1 & 2 corner step (12 techniques required)

Yokomen uchi	Shiho nage
Punch to face	Kote Gaeshi
Back hand slash	Kokyunage
Kata tori Tenchi	Nage
Katate te Tori	Kaitennage
Back fist & punch	Zenpo Nage

Immobilisation (8 techniques required) irimi 1&2 tenkan 1&2 Corner step

Yokomen uchi	Ikkyo
Munetsuki	Nikyo
Katate kosa tori	Sankyo
Ryote mune tori	Nikkyo

Kokyu nage Projection 1-8

Tai Gei 1-4 . 1 & 2 or 2 & 3 or 3 & 4 together

Knife techniques

Shomen uchi	Tenkan 1	Ikkyo
Yokomen uchi	Irimi 1	Tenchi nage
UshiroteKubi tori	Step back	Shiho nage

Kneeling hanmi handachi

Shomen uchi	Tenkan	Ikkyo
Yokomen uchi	Irimi	Tenchinage
Ushiro te kubi tori	Step back	Ahiho nage

Weapons

Jo suburi 1-16
Bokken suburi 1-6
Jo kata 1 & 2
Bokken kata 1 & 2
Knife kata 1&2
Jo Tai Gei(A) 1-6

Kicks

Roundhouse Projection 4
Front kick Ikkyo
Front kick Sayo undo

Grappling tai-geis -1 & 2

Two techniques