



Brown Belt

No.	Attack 1	Escape Routes	Throws
	From the front		
1	Two handed choke + push back	SB	Zempo-undo
2	Ryo-kata-tori + multiple knee strikes	I1 + I2	Tenchi-nage
3	Front hand slash + right hand mune-tsuki	SB + 180 + 180 + I2	Toyoda kokyu-nage
4	Ryo-kata-tori + knee strike	CS + 180 + 180 + I2	Kote-gaeshi
5	Straight snap kick	I1	Sayu-undo
6	Ryo-kata-tori + head butt	I2 + T1	Kaiten-nage
7	Right yokomen punch + left yokomen punch	CS + SB + 180	Ikkyo
8	Right hand mune-tsuki	CS + I2 + T1 + SB	Yonkyo
	From the rear		
9	Right hand to pin both elbows + left arm strangle	90 + SB + 180 + I2	Shiho-nage
10	Run and drag down chancery	T1	No. 4 Projection

Note 1: Left attacks are in blue. We are also starting the defence with the left foot forward.

Hanmi Handachi

Compose 6 techniques of the candidate's choice, 3 from Shomen-uchi and 3 from Yokomen-uchi attack

No.	Attack	Escape	Technique
1	Shomen-uchi		
2	Shomen-uchi		
3	Shomen-uchi		
4	Yokomen-uchi		
5	Yokomen-uchi		
6	Yokomen-uchi		

Bokken Techniques

Compose 3 Bokken taking techniques of the candidate's choice.

No.	Attack	Escape	Technique
1			
2			
3			

Knife

No.	Attack	Escape	Technique
11	Ushiro-katate-tori with knife edge to throat	Corner Step	Ikkyo
12	Mune-tori with knife point held at throat	Irimi 1	Nikyo
13	Ushiro-eri-tori with mune-tsuki to back	Tenkan 1	Sankyo
14	Katate-tori with backhand yokomen-uchi	Irimi 2	Yonkyo

Kata

Unarmed: Tai gei No. 5 / 6

Weapons: 2nd Bokken kata – to be performed twice in 15 seconds

3rd Jo kata – to be performed twice in 38 seconds

Knife Tai gei No. 1